

# Safeguarding Newsletter

28<sup>th</sup> November 2018

Dudley Early Help Strategy 2018 - 2021

Please can all staff familiarise themselves with the new Early Help strategy. It will be available in the staffrooms. As you remember from the inset everyone is responsible to support pupils and therefore you all should be aware of the strategy. The diagram above will give you an overall picture. There is also a video available that I would like everyone to watch as it explains the process. You will find it here: <T:\Staff\SAFEGUARDING\Safeguarding Newsletter>



Child mental health: England

NHS Digital has published a report updating statistics on the prevalence of mental health disorders in children and young people in England. Findings are based on information collected from 9,117 children and young people, combining information from children and young people or their parents and teachers, depending on their age. Key findings include: one in eight (12.8 per cent) 5 to 19-year-olds had at least one mental disorder when assessed in 2017; emotional disorders were the most prevalent type of disorder experienced by 5 to 19-year-olds in 2017.



More information is available here: <https://digital.nhs.uk/news-and-events/latest-news/one-in-eight-of-five-to-19-year-olds-had-a-mental-disorder-in-2017-major-new-survey-finds>

Children's screen time

The BBC has reported on a survey by Norton of parents' views on their children's use of mobile technology. Based on responses from 7,000 parents across Europe with children aged 5 to 16, results of the survey include: on average, British children spend three hours a day online; 32% of parents surveyed worried how tablet and phone use may affect their child's mental health; 65% of parents surveyed let their children use gadgets alone in their bedroom.

More information is available here:

<https://www.bbc.co.uk/news/technology-46234035>

