

Sexual abuse

Source: Stop abuse together

The UK Government has launched a new advice and support site to help keep children safe from sexual abuse. The site includes advice for parents and carers on spotting the signs of sexual abuse and speaking to your child about relationships and safety. It also signposts to sources of further support for children, adults and professionals including the NSPCC helpline and Childline.



Visit the website: [Stop abuse together](#)

See also on NSPCC Learning: [Protecting children from sexual abuse](#)

“Incel” culture and extremism

Source: SecEd

SecEd has published an article providing guidance for schools on responding to ‘incel’ culture and extremism. The article helps to define what is meant by the term ‘incel’ and explains how this type of behaviour can present itself. It also provides safeguarding advice for schools including key information that staff should be aware of and how they can incorporate this knowledge into their safeguarding practices. Recommendations include: staff are aware of the “incel” movement and key indicators to look out for among students and consider how the topic could be covered in the school curriculum.



Read the news article: [Safeguarding: be vigilant for signs of incel culture](#)

See also on NSPCC Learning: [Radicalisation and child protection](#)

Healthy eating: Food Scanner App (Public Health England)

The NHS Food Scanner app brings food labels to life and helps you make healthier choices. Simply scan the barcode to see how much sugar, saturated fat and salt is in your food and drink then choose one of the healthier swap suggestions.



The app is part of a healthy eating campaign and the 'scan, swipe, swap' take-home pack has plenty of resources to help encourage children to build healthier habits for life.

Find the resources here: <https://campaignresources.phe.gov.uk/schools/topics/healthy-eating/overview>