



Personal, Social Health and Economic Education

Rational

At Pens Meadow we believe that PSHE is crucial to support our pupils to develop an awareness, at an appropriate level, of the factors that affect our ever world changing world and learn to deal with them so that they can have good mental health and well-being. It is our role to prepare our pupils to be global citizens through the acquisition of knowledge, skills and an understanding of their rights and responsibilities through UNCRC.

Our PSHE curriculum is a conceptualised curriculum based upon up-to-date research about how children learn as well as how to meet the ranging needs of learners with complex difficulties. It builds upon the expectations of Birth to Five Matters and the PSHE guidance whilst reflecting the views of all school stakeholders at Pens Meadow School. Documents have been carefully broken down into meaningful components and carefully sequenced to enable pupils to revisit and review previous learning and build upon their developing skills and understanding.

Curriculum coverage has been planned to ensure that pupils develop their knowledge, skills and understanding throughout school. RSE has been threaded within learning units across our long-term planning with a specific focus for pupils in Year 4 on respectful relationships, reproductive health and staying safe.

Our cyclic approach, to PSHE curriculum coverage, ensures that all pupils have opportunities to develop their knowledge and skills progressively as they move through school, whilst revisiting key content ensuring learning is embedded.

Our PSHE progression document enables learning to be pitched at individual pupil's zone of challenge in line with their development level enabling the planning of accurate end points and targeted progress.

Intent

At Pens Meadow School we aim to prepare our pupils for life beyond school. We believe that pupils need the knowledge and understanding to play an active, positive and successful role in today's society. We have ensured that our curriculum meets the unique context of our school, takes in to account the universal rights of the child as articulated in UNCRC and promotes pupil's knowledge of self-esteem, emotional well-being and resilience to help them form positive and worthwhile relationships.

We ensure that our pupils are provided with rich, high-quality learning that aims to:

- Enable pupils to communicate their understanding and interest in RSHE through carefully adapted experiences supported by a total communication environment.
- Teach pupils to have respect for themselves and for others in local, national and global communities.
- Apply their skills across their school life and into their community experiences.
- Develop key character skills including decision making, informed risk taking, good communication, interpersonal skills and self-regulation.
- Encourage exploration of respect and promote positive attitudes for the values held by different cultures and groups within our local community.
- Encourage honesty and respect in all relationships and nurture sensitivity towards the feelings of others.
- Deepen their knowledge of their health and well-being, including mental and physical health.
- Equip pupils with the information, skills and values to understand and be able to cope with the mental and physical changes that happen during puberty appropriate to their age, maturity and developmental level.
- Know how to be safe and develop healthy relationships in their healthy lives.

